

OSHA 10-HOUR TRAINING FOR CONSTRUCTION

Provided by Your Trust...Building a Safer Future

We are pleased to offer another round of OSHA 10-Hour training classes



EUGENE
March 3 & 4, 2010
Lane County Homebuilders Assn
2053 Laura St.
Springfield, OR 97477

PORTLAND
March 16 & 17, 2010
Al Kader Shriners Center
25100 SW Parkway Ave.
Wilsonville, OR 97070

Both sessions will be held at 11:30 a.m. - 5:00 p.m. with lunch provided

This two-day training class covers valuable information that raises safety awareness and helps reduce the chance for injuries, accidents, and OR-OSHA fines. All attendees will receive an OSHA 10-Hour Course Completion card *.

No previous safety experience is required. The training is an overview of construction specific standards and hazards. It is appropriate for anyone who wants to learn more about creating and maintaining a safe job site.

Topics include:

- Introduction to OSHA
- Inspections
- Focus Four Hazards (electrical, struck-by, caught-between, and fall hazards)
- Fall protection, scaffolds, and aerial work platforms
- Personal protective equipment
- Health hazards in construction (silica, lead, asbestos, noise)
- Stairways and ladders
- Excavations
- Power tools

" I thought that the class was very informative and worthwhile. Matt held our attention and there was a lot of good participation. I would recommend this class to others in the construction Industry".

*David McCotter
Safety Director,
Hunter-Davisson, Inc.*

Training will be conducted by your OCWCT Risk Control Consultants, Matt Martinsen and Paul Anthony

* Participants must attend all hours of the training to receive the course completion card. Cards do not expire. Employers of attendees may be eligible for general liability insurance discounts. Check with your insurance company or agent.

COST:

Members - \$25

Non-Members - \$95

For questions or additional information, feel free to call us at 800.260.6150.

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ADVANCE REGISTRATION AND PAYMENT ARE REQUIRED

To register, call or email Matt Martinsen. Space is limited and registration will be taken on a first-come/ payment received basis. Make checks payable to OCWCT and mail to 5200 SW Macadam Ave., Suite 310. Portland, OR 97239. Cancellations must be received 48 hours prior to the scheduled class in order to receive a refund and to assist us with material and meal requirements.